

Home Vigil Tool Bag

Anam Cara Therapies in partnership with A Thousand Hands is providing this toolbag guide in an attempt to share information about what is legally possible in Minnesota around home-based funeral practices. This is a list of things that will be helpful to have on hand when a community member dies. If you are traveling to a person's home, these items can be packed in a "to-go bag."

Tool Bag Items:

- Techni Ice (6 sheets on body at a time) 3 below and 3 above (buy on Amazon)

To use: pre soak in water and have pre-frozen (allow up to 12 hours), switch out when thawing and becomes "gel like", thaw depends on person's temperature and body weight, good to have alternating frozen/in-use sheets

- emery boards and nail clippers
- combs and brushes
- shampoo, garbage bags, dry shampoo
- soap and water (may require special washings depending on person)
- essential oils
- cotton balls, gauze, q-tips, medical tape
- wet wipes
- disinfectant wipes
- sheets, washcloths, towels
- vaseline (eyes), rocks for eyes
- ace bandage jaw or feet
- adult diaper, underpad